

THREE KEYS TO OVERCOMING TEMPTATION
MATTHEW 4:1-11
091918--NHBC

Matthew 4:1-11 (KJV)

Mark 10:15 (KJV)

Luke 18:17 (KJV)

Psalms 32:8 (KJV)

James 1:14 (KJV)

I. THE TEMPTATION OF JESUS

Why did Jesus face this grueling 40 days temptation in the wilderness?

- **To identify with humanity** -- -Heb 4:15
- **To succeed where Adam failed** - Rom 5:18
- **To give us an example** to show us how we are to overcome temptation.

II. FACING TEMPTATION

- We know Jesus was in the wilderness for 40 days but there is nothing said about what happened during these 40 days other than He fasted.
- What is said is that Jesus was tempted **three times after the forty days were finished**--Matthew 4:2 (KJV)
- **every believer faces temptation and the temptation is always strongest at our weakest moment.**
- **Jesus reveals at least three things we need to learn to apply in our lives in order to overcome any temptation.**

III. THE POWER OF THE HOLY SPIRIT

- **Jesus' journey into the wilderness was accompanied by the power of the Holy Spirit.** Matthew 4:1; Matthew 4:2
- **Gal 3:3**
- **Ephesians 5:18 (KJV-- NOTE: When a person is drunk, he is under the control or influence of the liquor and acts out the deeds of the flesh. The comparison is that when we are filled with the Spirit, the Spirit will control our lives and cause us to act accordingly.**

IV. THE WORD OF GOD

- When Jesus was facing temptation He used the Word of God which is sharper than a two edged sword.
 - **James 4:7 (KJV)**
 - **John 14:26 (KJV)**
- **Notice that even after quoting scripture Satan kept coming back.**
- **Jude 1:9 (KJV) - The Lord rebuke thee.**

V. COMMITMENT

- Exodus 17:8
- Jesus quoted scripture to let Satan know what He was committed to: He was committed to TRUTH because He is TRUTH. He was committed to the WAY because HE is the Way. HE was committed to LIFE because HE is LIFE.
- Jesus was committed to the obeying the Word of God--Since His Word always accomplishes its purpose, His Word is His will.
- it's not the hearers of the Word of God that are justified but **the doer's of the Word.**
- It is our commitment to the Word of God that gives us the victory over temptation and sin.
- We cannot go around compromising the Word and expect to walk in victory.
- We must be committed by being submitted

Psalm 119:1-11 CONCLUSION

- Notice Jesus was tempted three times and in three different ways
-I Jn 2:16 ...all that is in the world,
- **the lust of the flesh, and**
- **the lust of the eyes, and**
- **the pride of life,...**
Every temptation in all it's forms and fashions will fall into one or more of these three categories.
- While we are in this wilderness we will face temptation but we can overcome:
- if we walk in the power of the Holy Spirit,
- if stay full of the Word of God and
- if we remain committed to what the Word says.